#### Worship - Sunday 10 AM Sunday School - during worship (Sep-Jun)

# Twins Talk January 2023

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## Pastor's Corner

Happy New Year! We hope you had a wonderful, gentle time during this Holiday Season. And if your plans didn't work out as you had hoped, know you are loved and never alone.

As the new year begins, we are encouraged by tradition to take stock of our lives noting what we might want to change: the proverbial "Resolution." Have you made your New Year's Resolution? Is it a new one or a repeater that you hope will be different this time??

My 1/1/23 message was about time and the events in our lives that pass by, sometimes unnoticed and underappreciated. We considered how we might enhance the time we have by better enjoying those passing events.

Consider being present, being in the moment. Recognizing the passage of time as it happens to us. Realizing every day, every minute is a gift from God!

The 12/31 edition of the "Morning" newsletter from The New York Times collected readers' advice based on their experiences in 2022 and published their favorites. One of them was inspired by an app I have called "Ten Percent Happier:"

From the Ten Percent Happier podcast: "Stop and recognize happy moments when you're in the middle of them. Literally stop and say out loud, 'This is a happy time.' It's a way to ground yourself in the joyful parts of life. We do this with moments of trauma and crisis all the time. Maybe we can flip the script."

This is a GREAT resolution idea to start the New Year: recognize the happy times and shout out about them! Shout out about the gifts we receive everyday, and remember to say "Thank you!"

Happy shouting out!!!

Steve



For all of us shut-ins, I want to say "thank you" for the lovely tray of cookies and candies we received from our church friends. We are so lucky to have such a caring church family and we miss all of you.

Love, Mable Converse



Jan. 29 — Following worship

In 2021 our Annual Meeting was held in the digital world of Zoom. In 2022 during our "Interim" phase, we did not have a formal Annual Meeting. How great it is to be mostly back to "normal"!

Join us for the 2023 Annual Meeting to be held on January 29 in the Sanctuary after worship, to be followed by our ever popular (and delicious) Coffee/Fellowship Hour.



## Advent Gathering 2022

The Annual Advent Gathering was held on December 14. About 20 church family and friends shared a wonderful evening of fun, laughter, singing, great food, and the traditional nativity story told with candles. How great it was to have Kerkira Stockton with us! Mark your calendar to join us next year for this special Christmas event.



## Pageant Sunday - Dec 18, 2022

Pageant Sunday has been a tradition in our church for about 15 years. The idea took seed in the days of a large Sunday school. A group of "seamstresses" brought their sewing machines to the American Legion and had a costume-making party. Those costumes are the same ones we use today! Carol Beasley is responsible for the beautiful backdrop that truly sets the scene. When the number of children became too small to put on the Pageant alone, we had to come up with a new plan. Thanks to "Google" we found "The No-Rehearsal Christmas Pageant". We combined that script with our previous pageant and came up with the interactive pageant that we have done for the last few years. A special thank you to Nina Lemieux for being our narrator. She was born to be a storyteller!!



### No Newsletter without NEWS

Be a "Reporter".

Send in your news, memories, stories, local events . . . We can't report it if we don't know about it.

Digital Twins Talk - Bi-Monthly Mailed Twins Talk - Monthly

#### **DEADLINES**

All submissions due by the 10th / 25th

Email submissions to <a href="mailto:fpreshp@gmail.com">fpreshp@gmail.com</a>
or call Carol Heburn at 315-865-5307

## January

# Birthdays & Anniversaries

- 2 Mickey Howard
- 3 Jim Allen
- 4 Ryan Carnright
- 6 Brenda & Paul Castle (A)
- 9 Beverly Seifried
- 12 Rich MuellerA.J. BosmanCarol Heburn
- 13 Kathy Lemieux
- Lisa BurnhamSarah (Clemmons) Palmer
- 17 Mark Niedzielski
- 18 Christopher Wall
- 20 Evelyn Clark
- 24 Ruth Walker
  Karl Werbovetz
  Patrick Phillips
  - Bob Wozna
- 26 Walt Hagues
  Tom Kraft
- 28 Jessica (Aubrey) Meade

## Super Souper Bowl Sunday



February 12, 2023

Hot, Hearty, Mouthwatering Homemade Soups served during Coffee Hour

Donations accepted to benefit the Foothills Food Pantry.

Sponsored by the Mission Committee



Kindness Luncheon Tuesday, January 17 Time: 12:30 Location: TBD Everyone is welcome!

Contact Muriel Werbovetz for information - 315-865-5816



This section will provide regular updates from your Session meetings. Remember, you are always welcome to attend!

- The preaching schedule for January April 2023 was submitted and approved. Most pulpit supply dates will be filled by Janet Stengel or Larry Beasley. Click here to see the schedule.
- Due to current health concerns, "Passing the Peace" will be done from our seats until further notice.
- The Annual Meeting has been scheduled for Sunday, January 29 following worship.
- The Annual Budget for 2023 was updated and approved.



#### Worship Schedule

Jan 1 Steve Vance

Jan 8 Steve Vance - Epiphany, Communion

Jan 15 Steve Vance

Jan 22 Bonnie Tryon

Jan 29 Steve Vance - Annual Meeting

#### **Events**

Jan 17 Session Meeting - 6PM - Zoom

Jan 20 Annual Reports due to secretary

Jan 29 Annual Meeting after worship

Feb 12 Souper Bowl Sunday



OUR RESOLUTION LAST YEAR COULD HAVE BEEN "LESS FRUIT", BUT NO ... WE WENT WITH "TRUST PEOPLE MORE"



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